

FARMER SONG FEST 2014 PRESENTS

**RUNNING OF THE TREES - 5K Race & 1 Mile Walk Registration**

**Course Description:**

Cross-country loop across Hynek Tree Farm through woods, around ponds, mixed hills & flat, grass trail, possible mud

**Entry Fee:**

**5K Race/1 Mile Walk:**

\$25 now through June 20, 2014.

\$30 on race day, June 21, 2014.

Entry fee includes Race T-Shirt and Farmer Song Music Fest admission ticket (\$10 value).

**1 Mile Kid's Run (ages 10 & under):** Free. Does not include T-Shirt.

May purchase Youth T-Shirts or additional adult T-Shirts for \$10 at registration table.

**Register:**

**5K Race/1 Mile Walk:** Online at 'Get Me Registered', [www.getmeregistered.com](http://www.getmeregistered.com), or send registration & check payable to Pumptown Productions, 3228 130th St, Ellston, IA 50074.

Registration also accepted on race day.

Additional music festival tickets may be purchased by mail or online with race registration.

**1 Mile Kid's Run:** Guardian must sign waiver at registration table on race day, but no pre-registration necessary.

**RUNNING OF THE TREES SPONSORS**



**Schedule of Events:**

4:00 pm - Race Registration, T-Shirt & FSF Ticket Pick-Up

5:00 pm - Running of the Trees 5K Race/1 Mile Walk/Kid's Run Begins

6:00 pm - Farmer Song Music Fest Begins - Zorya from Columbia, MO

7:30 pm - Running of the Trees Winners Announced

8:00 pm - Farmer Song Music Fest 2nd band - Pumptown Band from Ellston, IA

9:30 pm - Farmer Song Music Fest 3rd band - Useful Jenkins from Mankato, MN

**Awards:**

Medals awarded in five age categories:

11-13, 14-18, 19-40, 41-59, 60 & over.

There will also be a \$50 award for the 1st place overall male winner and a \$50 award for the 1st place overall female winner.

**Questions?** Contact Amy Hynek, [ahynek@gmail.com](mailto:ahynek@gmail.com) or (641) 344-9908

More info & directions @ [www.farmersongfest.com](http://www.farmersongfest.com)

**Cut below line & return, with payment, to Pumptown Productions, 3228 130th St, Ellston, IA 50074.**

Name: (First, Last): \_\_\_\_\_ Age on June 21, 2014: \_\_\_\_\_  
 Email: \_\_\_\_\_ Sex: M F Shirt Size (Adult): S M L XL XXL  
 Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Contact Phone Number: (\_\_\_\_) \_\_\_\_\_  
 Additional Music Festival Tickets - \$10 (Ages 10 & under free): # \_\_\_\_\_ Payment Enclosed: \$ \_\_\_\_\_

**Release:** I know that participating in this race is a potentially hazardous activity. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete and run. I assume all risks associated with running/walking including, but not limited to falls, contact with other participants, the effects of weather, including high heat/cold and/or rain, the conditions of the course, and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Farmer Song Fest, Hynek Tree Farm, Pumptown Productions, the City of Ellston, Iowa, Ringgold County, and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in or travel to or from the race and/or activities even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Thank you to 'RUNNING OF THE TREES' Sponsors, Hynek Tree Farm, 91.9 KSOI, & Fitness Sports.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent Signature if under 18 years: \_\_\_\_\_ Date: \_\_\_\_\_